



THE BOURNE BUZZ

August 2020

Have you renewed
your membership?

Thoughts from the President: - Stay safe, Wear a mask! Avoid big gatherings!

Hope everyone is enjoying the summer! I am sure it is much different from others! We are certainly in an upside down world with this virus... Hopefully a vaccine will be found soon.

I would like to remind all to pay your BNN dues if you haven't already... Why you ask? We would like to keep BNN intact and not too far in the future we hope we can resume all our activities safely! I know for myself I think about all the wonderful friendships I have made and the times I have been encouraged to try new things!

We would like to ask you to "save the date" for August 18 to meet at Buzzards Bay Park 4. This will be a BYOD (dinner) and a chair if you don't want to sit under the pavilion.

After reading the survey, the board has decided to forego our September social. There will be a small meeting for the current board and new members coming on board. We need to move on and pass the gavel! I had great hope when we canceled May that we could do this in September! Not to be.

Any questions or thoughts, please feel free to contact me... KBPisces@aol.com
Continue to enjoy the rest of August!

Karin Benedict
BNN President

Like us on facebook. [facebook.com/BourneNNC](https://www.facebook.com/BourneNNC)
 Check out all of BNN's activities at <https://www.bournenewcomers.org/activities.html>



BNN Event Buzz:

What: Informal outside get together
When: August 18 – 4:00pm till 7:00pm – Rain date August 19
Where: Pavilion at Buzzards Bay Park by the train station
Details: Bring your own food and drink (a chair if you aren't comfortable in the pavilion)
RSVP: By August 15 to Gerri Parham Andos at gerriparhamandos@comcast.net

Activities Buzz:

Please open the link below to see our pre-covid full list of activities. You'll want to have it handy so you know who and how to contact an activity leader. Many are VERY spontaneous; let them know you want updates and when you might be ready to rejoin. Take a look at our FB page-friends are staying in touch with lots of photos. As always, feel free to leave messages for Activities Committee Chair Suzanne Lasher, suzlasher@gmail.com. Yes, **Suzanne is the club's new Activities Chairperson**. My term is completed, and it's been a great two years. Rest assured you'll continue to see my face often at just about everything BNN does :o) Good Luck, Suzanne!

Pre-covid Activities List

https://mcusercontent.com/72f5d144c99d6f83d0844dbe0/files/897dc7d8-351b-498a-adad-596a0d3ae7e5/bnn_pre_covid_2020_activity_list.pdf

Important Activity Highlights:

Pickleball group is expanding! In addition to regular play at Pocasset courts Mon's & Wed's, and Mo Beach Mon's, Tues's, Thurs's & Fri's, 8:30 **if available**, BNN members have a new opportunity for dates/times. Contact Linda Fletcher to hear about access to nets at both locations, available anytime to members. Here's your opportunity to get the kids on the courts- no one is too young or too old for PB! Contact Linda Fletcher: enf.lmf.cc@gmail.com



Biking on Martha's Vineyard

Planning now for our Saturday, Sept. 19 ride on Martha's Vineyard. Low keyed, 2-3 hr. ride (including lunch stop). People who did this last year **really** enjoyed the beautiful scenery and sense of being in another time and place! Contact Sally Girts: esgirts@gmail.com or leave message at bournewcomers@gmail.com.



Golf - once/wk ladies golf group. Very casual, play when you can. Next game is aiming for Pocasset Golf Course, date TBA. Contact Patty Robidoux patty.jrmurph@gmail.com or Gerri Parham Andos gerriparhamandos@comcast.net

Special message from BNN Co-Founders Connie Spilhaus & Donna Pascarella

As we both finish up our terms serving on BNN's Board, we want to express our sincerest thanks to everyone of our new and old friends who've made the club such a wonderful success. Along with Anne Burbine, our first treasurer, the three of us did what needed to be done to recruit a terrific board. These people shared our dream and weren't afraid of lots of hard work (as in: long meetings at each others' homes while consuming delicious refreshments). We held our first Evening Social in September, 2016, worried sick that we wouldn't get the minimum number-25- attendees to be in the banquet room. That was four years ago, and now, going into BNN's 5th year, BNN has close to 200 members. Donna, Anne, and I have had the joy of seeing people making connections with other neighbors, and telling us that being in BNN has added an important dimension to their lives. Thank you all so much for the opportunity to serve our community.



Board Member Profile – Anne Burbine:

Anne played a key role in the forming of BNN, and served as the club's first Treasurer. We're happy to announce that beginning in September, she will co-chair Hospitality Committee with Mary Ellen Curran taking over the position from Donna P. - Connie



Q: Newcomer or neighbor?

A: Neighbor but felt like a Newcomer once I retired since I had had no children in the school system and commuted off Cape to work and thus had few opportunities to meet neighbors.

Q: Where did you live before moving to Bourne?

A: Stow, MA

Q: Why did you choose to settle here?

A: Planned a summer house, then sold in Stow and commuted to work – 80 miles each way for several years.

Q: Tell us about your family, please.

A: Raised in Dorchester, attended Boston Public Schools, including Girls Latin High School and Boston State College (now part of U Mass Boston)

Q: What about your work history?

A: I taught junior high school, first in Burlington, VT, for a year, then in Mesa, Arizona for almost ten years. I then moved back to Massachusetts, got my MBA at BU and entered corporate life. I retired in 2012.

Q: Have any special interests or hobbies?

A: I love to travel and did a great deal while working. Once I retired, I bought a flat in England, in West Sussex, near the English Channel. I have been spending time there in spring, fall, and early winter. It has become my base for traveling both in the UK and Ireland and onto the continent.

Q: Are there Non-BNN clubs you are/were active in – especially Volunteer/Community orgs

A: I volunteer during the winter with the AARP/IRS Tax Aide program in Bourne, Sandwich, and Wareham; as well as most of the year that I am in the states, as a SHINE counselor in Sandwich. I am also an usher for the Cape Cod Symphony and Cape Playhouse in Dennis.

Q: What BNN activities do you participate in?

A: I was the treasurer for BNN for the first few years and I now am on the Hospitality Committee. I enjoy joining other club members for dominoes, mahjong, canasta.

Q: What would you like to see the club offer?

A: More social activities during the summer months.

Buzz Suggestions:

Ready to try something new? Many of our members have been sharing favorite books, movies and TV shows with other BNN members. So here are a few suggestions. If you have a favorite please send it to Suzanne Lasher suzlasher@gmail.com

Masterpiece Theater on PBS: World On Fire; The Windermere Children; Beecham House; Sanction

HBO: The Plot Against America; Perry Mason; My Brilliant Friend

Netflix: Unorthodox; Unbelievable; Girl/Haji - Japanese/British police story; GLOW - (women’s professional wrestling!)

HULU: Mrs America; Normal People; Little Fires Everywhere; Catch 22

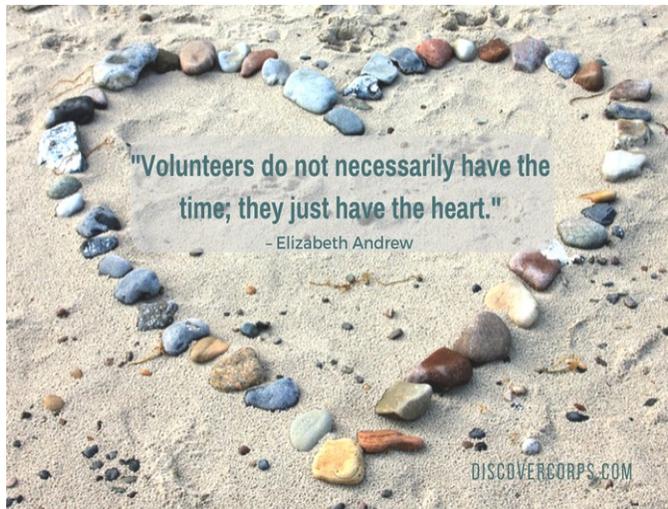
Amazon Prime: Just Mercy; Life in Pieces

Movie On Demand - The King of Staten Island



Books: American Dirt by Jeanine Cummins; The Giver of Stars by Jojo Moyes; The Splendid and the Vile by Erik Larson (Churchill during the Blitz); Maisie Dobbs by Jacqueline Winspear (Mystery series)

Volunteer Buzz:



If you have any questions regarding a volunteer opportunity, please contact Patty Robidoux 508-596-4403 patty.jrmurph@gmail.com

Big Brothers Big Sisters is in need of volunteer mentors (especially male volunteers!) for the nearly 80 children, 60 of which are boys, waiting for a Big Brother or Big Sister.

Here on the Upper Cape, there are 21 children (mostly boys) who would love a Big Brother or Big Sister in their lives.

The agency is currently matching volunteers virtually, with the option of being able to meet in person when it is safe and when everyone is comfortable to do so! With a virtual component those who spend the winter in other regions now have the opportunity to become a Big.

The commitment is simple: a few times a month, for a minimum of a year, helps a child make key improvements in youth development and contributes to making a tangible impact in young person's life and your own!

To learn more, visit www.CapeBigs.org or reach out to JR Mell jrmell@capebigs.org

If you would like to talk with someone who has been a Big Sister for 2 years, BNN member Judy Kostka would be happy to share her experience (judy.kostka@comcast.net).

Buzz Recipes:

As this is the blueberry picking season, we are featuring not one but two great blueberry recipes.

GLAZED BLUEBERRY CAKE (from *The Boston Globe*)

This is a summertime favorite, especially with freshly picked blueberries! Tina Prodouz

- Butter (for the pan)
- Flour (for the pan)
- 1 pint (2 cups) fresh blueberries, picked over
- 3 cups flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 2 eggs, separated
- 1/2 cup (1 stick) butter, at room temperature
- 2 cups sugar
- 1 cup whole milk



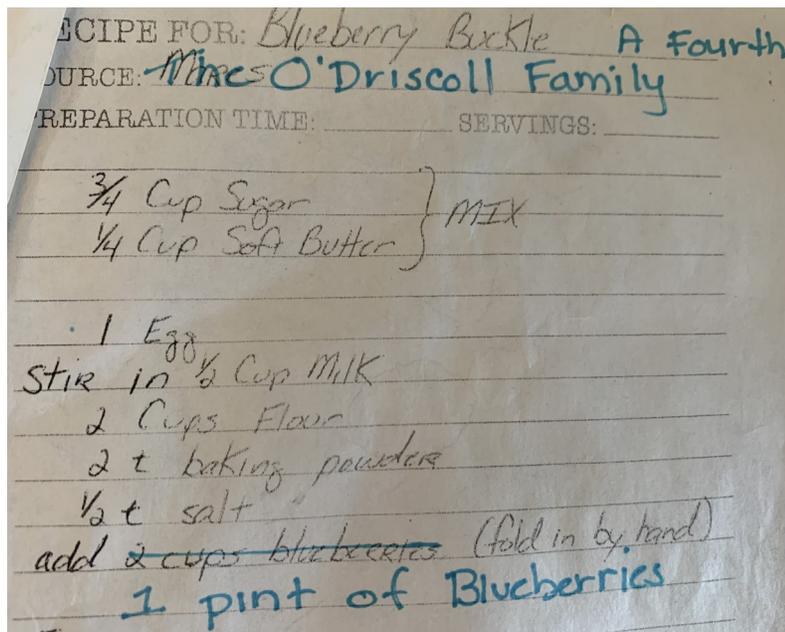
1. Set the oven at 350 degrees. Butter a 9-by-13-inch baking pan. Dust it with flour, tapping out the excess.
2. In a bowl, toss the blueberries with 1 tablespoon of the flour.
3. In another bowl, whisk the remaining flour, baking powder, and salt.
4. In a third bowl, whisk the egg whites until stiff.
5. In an electric mixer, cream the butter and sugar. Beat in the yolks, one at a time.
6. With the mixer set on its lowest speed, beat the flour mixture into the batter alternately with the milk, beginning and ending with flour.
7. Remove the bowl from the mixer stand. Fold in the whites, then fold in the blueberries.
8. Bake the cake for 40 to 45 minutes or until it pulls away from the sides of the pan and the top springs back when pressed with a fingertip.

GLAZE

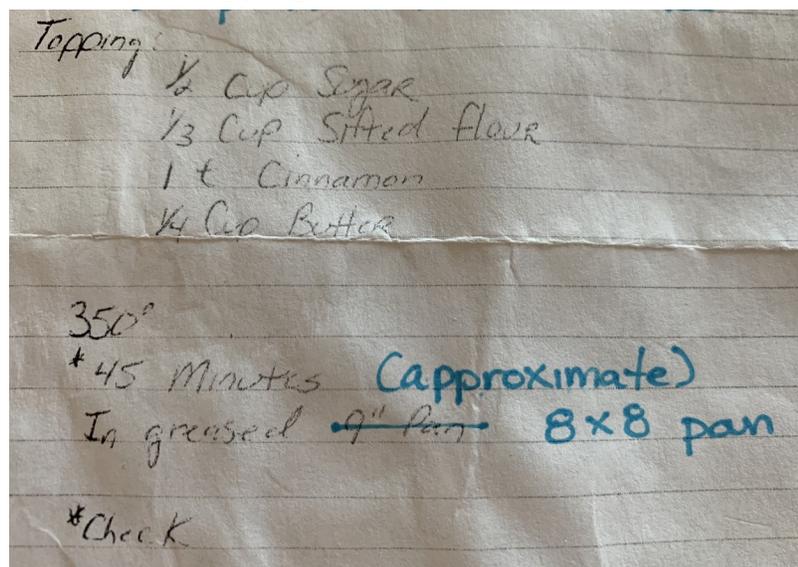
- 1/2 cup confectioners' sugar
 - 1 tablespoon lemon juice
 - 1/2 teaspoon grated lemon rind
1. In a bowl, sift the confectioners' sugar. Stir in the lemon juice and rind. Add enough additional lemon juice to make a mixture that pours easily.
 2. Drizzle the glaze over the cake.

BLUEBERRY BUCKLE – old family recipe sent by Dee Wylie

Dee has been making this recipe for 29 years!



Topping



Recipe Tips

- Freeze extra blueberries in 2 Cup/1 pint bags
- You can use gluten-free flour with good results

Buzz around Town:

Here are some updates and information about happenings in Bourne

- **Bourne police station** has moved from Main Street to the new building at 35 Armory Rd in Buzzards Bay. All phone numbers remain the same
- **BHS graduation** is Saturday, 8/1/20 at 8:30 am rain date is Sunday, 8/2 and will be televised live on BTV ch 13 (Comcast) or stream it on www.Bournetv.com click on the public icon
- **Upper Cape Tech graduation** is 8/2/20 at 1pm and will be televised live on BTV ch 13 (Comcast) or stream it on www.Bournetv.com click on the public icon.
- **LIVE Trivia show** on Bourne TV ch. 13 (Comcast) will be held on Thursday, August 6th at 7pm. Play from home, test your knowledge, and call in for a chance at some great giveaways.
- **Senior Center Exercise Classes** Here are links to a couple of videos of exercise programs that are usually held at the Senior Center. BTV filmed them so anyone can use them to work out at home while the Senior Center is closed.
www.youtube.com/watch?v=vtoeO7jAmgU YOGA & WEIGHT TRAINING with Linda Sheldon
www.youtube.com/watch?v=ePRJXFK02Rc SENIOR FITNESS with Barbara Barsham

Previous Highlights:

Lots of pickle ball!! Note: We do not have reservations so the 8:30 times are 'if available' on the courts.



2019-20 Board Officers:

President:	Karin Benedict
Vice President:	Dee Wylie
Treasurer:	Gerri Parham Andos
Recording Secretary:	Nancy Selchan
Corresponding Secretary:	Patty Robidoux
Activities:	Connie Spilhaus
Membership:	Suzanne Lasher and Marilyn Jackson
Programs:	Tina Prodouz
Publicity:	Debbie Bowen
Communications:	Marty Smith
Hospitality:	Donna Pascarella
Nominating :	Christine Crane

Our mission is to welcome newcomers to the area; to provide existing members of the community with social activities; to provide an atmosphere of friendliness, goodwill, and helpful information for members; to provide a means for people with like interests to meet and join together for social activities, and to encourage members activism and knowledge of the community.