



THE BOURNE BUZZ

July 2020

Thoughts from the President:



Summer has arrived! Lots of people are enjoying the warmer weather and getting outside going to the beach, boating and playing pickleball. Some of us are having visitors. Dining outside is becoming the norm. Many of our activities are still on hold but we are optimistic things will get better. Stay safe!

Karin Benedict

BNN President

Like us on facebook. [facebook.com/BourneNNC](https://www.facebook.com/BourneNNC)
Check out all of BNN's activities at <https://www.bournenewcomers.org/activities.html>

BOURNE NEWCOMERS & NEIGHBORS CLUB

www.bournenewcomers.org

From Your Activities Committee....

These beautiful days are a great lift to spirits. Large-group indoor activities are still not advised but many of us are reaching out to friends to create small group gatherings.

If you've enjoyed a garden visit, a beach walk, a sport, or a game with other members, we encourage you to continue inviting friends for a spontaneous get-together.

That's just what's happening with these BNN activities: book clubs, yoga-on-the-beach, bridge, golf, kayaking, pickleball, biking, cards, and mahjong.

Check out our FB page, post photos, invites. Leave messages for the Activities Committee, Connie: spilhaus777@gmail.com or ournenewcomers@gmail.com.



***Pickleball group** is playing at Pocasset courts Monday and Wednesday, beginning at 8:30; this is a beginner group. An open group for all levels and which welcomes any Bourne resident plays at Mo Beach Monday, Tuesday, Thursday and Friday. Contact Linda Fletcher: or leave message at ournenewcomers@gmail.com.

*** Biking on Martha's Vineyard** - Low keyed, 2 hr. ride (including lunch stop). Planning now for July or August ride on Martha's Vineyard. Interested to help with planning? Contact Sally Girts: esgirts@gmail.com or leave message at ournenewcomers@gmail.com.



*** Golf** - once/wk ladies golf group. Tuesdays or Wednesdays, with the time to be determined each week. Very casual, no commitment, you play when you can. Contact Patty Robidoux patty.jrmurph@gmail.com or Gerri Parham gerriparhamandos@comcast.net

Member Profile – Judy Damon:

If Judy Damon's friendly smile looks familiar, that's because it probably is - especially to patrons of the Pocasset Post Office, where she worked until her 2016 retirement. She's just starting to forget all the box numbers, but she still misses her "great coworkers and all the people."

For her, the timing of the birth of BNN "could not have been better." She retired as Postmaster in May and BNN started in September, giving her the opportunity to get involved and "meet so many wonderful people."



An avid reader, Judy joined the first BNN Book Club, where she always adds a cheerful smile and some great recommendations for more good reads. She joined the Canal Walking group, the Knitting group, Mahjong, Lunch Bunch, the Hospitality Committee and she got the Mexican Train Dominoes group going for the first few years, even though she was new to the game.

She and Kevin moved here to Bourne in 2012 after 23 years in Carver. She knew she wanted to retire to the Cape eventually and she got a transfer to the Pocasset Post Office. "I fell in love with Pocasset right away, the people, the way it's off the beaten path," she says. She transferred in September and they bought their house near the Pocasset Golf Club in December. The house needed a lot of work, nothing had been done inside or out since it was built in the 70's. Luckily Kevin Lima is very handy, so handy he started his JKL Handyman business and keeps busy with repeat customers all the time.

When they moved in the rhododendrons and azaleas out front were so overgrown the house was hardly visible and the backyard woods grew right up to the deck. They cut down overgrown trees, dug out the bushes and replanted them out back. Now the entire yard looks like a showplace, featuring well planned plantings and a beautiful patio and fire pit built by Kevin. They've renovated every room inside the house too, except the bathroom that is currently ripped down to the studs waiting for business-as-usual to come back for construction contractors and the dump. Judy's especially proud of her kitchen where she did a lot of the work herself, even refinishing the cabinets.

On top of all of Judy's local activities, she has always made travel a priority in her life. She has enjoyed her trips to the Mediterranean, Venice, Greece, Mexico and Hawaii, and her camper trips to Florida, the Keys and Mississippi. Every year she and Kevin travel to Florida right after Christmas and stay for a few months. Their first time down they stopped at Ormond Beach on their way to "check out" Florida and they've been staying there ever since.

This year they had the rare experience of traveling to Cuba to the Naval Base at Guantanamo. Kevin's son-in-law is stationed there and they took a military transport plane from Jacksonville, a benefit only for visiting family. There they got to see their 3 grandchildren, ages 1, 4 and 6, and the gorgeous beach, never leaving the base and finding some great sea glass for Judy's collection.

Family is a huge part of Judy's life. She and Kevin have four kids between them and the grandchildren. Her parents stay in Florida during the winters, but they're usually home in Middleborough by now, and she enjoys getting together with them regularly for fun outings. Her mother, an expert seamstress, is the one who encouraged Judy's love of needlework. She taught her how to sew, knit, crochet, embroider and do needlepoint, crafts she has mastered and still enjoys.

She normally gets together every Wednesday with her daughter and sister for dinner out. They've missed those shared times lately, but they're hoping to start back up soon. She's also looking forward to when the BNN Lunch Bunch can start again. That fun group travels to a different part of the Cape every month to visit restaurants during the off-season.

Being such an outgoing person, Judy plays the role of greeter perfectly at the BNN Socials. She and Kevin both serve as Hospitality, helping to make newcomers feel at home, and the only time they miss a Social is when they're out of town on one of their travels.

Even though these are tough times for socializing, Judy managed to host the Number One Book group this month with all the chairs six feet apart spread across her beautiful backyard. Everyone was glad to talk books and very happy just to get together - the bright blooms were a welcome bonus.

Board Member Profile – Suzanne Lasher:

BNN is very fortunate to have Suzanne as Membership Chair. She has served on the board since its inception in 2016. She has been nominated as our next Activities Chair, to begin in September, taking over for me as I complete my term. I'm certain she'll enjoy the position since she's participated enthusiastically in many of our activity groups and knows so many of our members. We can all help with suggestions for crafting activities to meet the times. - Connie



Puzzling is one of Suzanne's favorite pastimes.

Q: Where did you live before moving to Bourne?

A: (June 2017) I moved here from Hartsdale NY with a small stop in Dedham, where I grew up. Might make me a neighbor now!

Q: Why did you choose to settle here?

A: I was looking in this area - started in Plymouth. My realtor lives in Bourne and she suggested I look here. It's near Martha's Vineyard, where I have a good friend, and I could visit my mother easily. It was really a stroke of luck, since I have met so many great people here.

Q: Tell us about your family, please.

A: I have four younger brothers, grew up in Dedham, went to Beaver Country Day School and then to Virginia to college - Randolph-Macon Women's College (now Randolph College) in Lynchburg. I have two sons, one in Arizona who is in IT and also an artist. The other is in Arkansas, a sales manager at Honda. My nicknames are Suzy, Slash.

Q: What about your work history?

A: I worked at BayBank in Boston, then moved to NY in 1981 to work for Chemical Bank in a small group that sold software to other banks. Later I worked at Chase as a small business banker. I switched careers in 2006 to be the financial manager in a Keller Williams office in White Plains, NY. I'm now retired and loving it! Made time to become a yoga teacher last year!



Yoga Instructor Suzanne enjoying a different perspective on the world.

Q: Have any special interests or hobbies?

A: Yoga, Knitting, Reading, Golf, Bridge

Q: Do you have a "Claim to Fame"?

A: Can't really think of one! I have moved 18 times since college! I have maintained friendships with several elementary school friends.

Q: What's on your Bucket list?

A: Live in France for a year, buy a cottage and fix it up, go to all the major league ball parks! At this time most of my activities are related to BNN. In the past, I was president of my co-op board, and delivered meals to AIDS (Acquired Immune Deficiency Syndrome) Patients.

Event Buzz:

Although no events are happening at this time, we are still hoping that the September Social at Pocasset Golf Club will go ahead. We will continue to update everyone in the Buzz and on Facebook as things change. It would be great if the Lunch & Learn program could start back up in October as well. We'll keep everyone posted, meanwhile stay safe.

Volunteer Buzz – July 2020:

I miss seeing all of you wonderful volunteers at The Happy Hope Factory! Hopefully, things will be back to “normal” in the next few months.

If you have any questions regarding a volunteer opportunity, please don't hesitate to contact me. Best Regards. Patty Robidoux – 508-596-4403; Patty.jrmurph@gmail.com



BNN Cookbook:

PLEASE send in your favorite recipes! Debbie Dow and Patty Robidoux are in the process of making a BNN cookbook and would love to hear from you. We will take anything, breakfast, lunch, munchies, healthy, not so healthy. It doesn't matter! Please send your recipes to Patty Robidoux at Patty.jrmurph@gmail.com or Debbie Dow at debdow@gmail.com. You can also just take a picture of the recipe and text it to Patty Robidoux at 508-596-4403 or Debbie Dow at 508-826-3655.

Summer is upon us and Limoncello should be in everyone's freezer!

Recipe of the Month sent in by Maria Fitzpatrick

Maria's 1-1-1-1 Limoncello

- 1 Cup Water
- 1 Cup Sugar
- 1 Cup Vodka
- 1 Lemon Peel

Peel an organic lemon getting only the zest, no pith (the white spongy layer)



Make simple syrup by heating the water, the lemon peel and sugar. Cook at medium heat until the sugar dissolves.

Mix the syrup with the vodka.

Can drink right away, but it's best when it has been kept in the freezer for at least a few hours.

The lemon peel can be strained, but I like to keep it in, it's nice to munch on when having this elixir.

Enjoy!

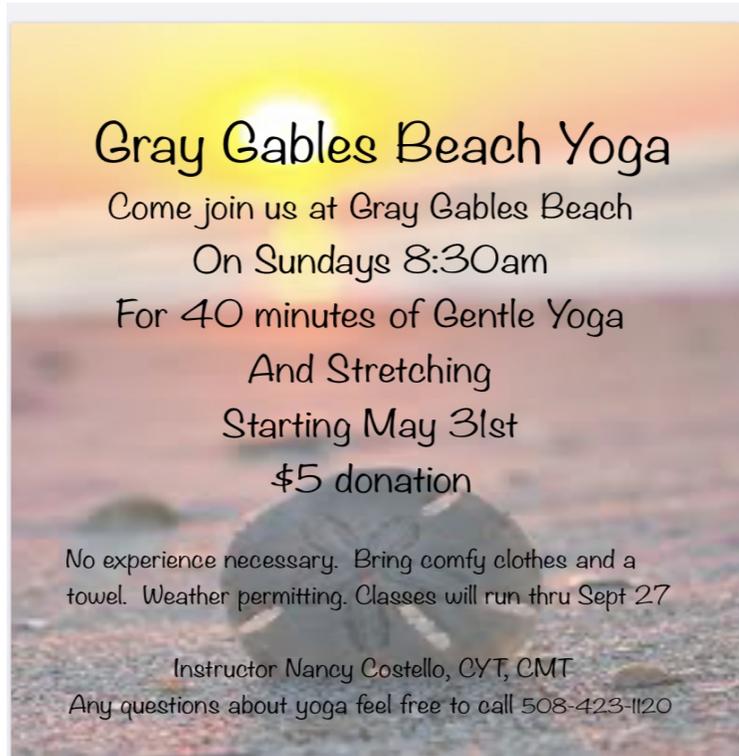
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Buzz around Town:

Not much to report as this time, but as things slowly open back up life may get back to a 'new' norm.

Don't forget, Bourne TV - BTV13 is the heart of Bourne local programming where passion, expertise, hobbies and interests all come home. BTV13 is your opportunity to get involved, be creative and share your voice. BTV shares programs across the Cape, Southeast Massachusetts and Nationwide to keep you informed and entertained.

A promotional poster for Gray Gables Beach Yoga. The background is a soft-focus image of a sunset over a beach with a person in a yoga pose in the foreground. The text is centered and reads: "Gray Gables Beach Yoga", "Come join us at Gray Gables Beach", "On Sundays 8:30am", "For 40 minutes of Gentle Yoga", "And Stretching", "Starting May 31st", "\$5 donation". Below this, it says "No experience necessary. Bring comfy clothes and a towel. Weather permitting. Classes will run thru Sept 27". At the bottom, it lists "Instructor Nancy Costello, CYT, CMT" and "Any questions about yoga feel free to call 508-423-1120".

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Previous Highlights:

Golfing Days – with new restrictions and social distancing - more and more 'outdoor' activities.



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2019-20 Board Officers:

President:	Karin Benedict
Vice President:	Dee Wylie
Treasurer:	Gerri Parham Andos
Asst. Treasurer	Dave Fitzpatrick
Recording Secretary:	Nancy Selchan
Corresponding Secretary:	Patty Robidoux
Activities:	Connie Spilhaus
Membership:	Suzanne Lasher and Marilyn Jackson
Programs:	Tina Prodouz
Publicity:	Debbie Bowen and Judy DeWitt
Communications:	Marty Smith
Hospitality:	Donna Pascarella
Nominating :	Christine Crane

Our mission is to welcome newcomers to the area; to provide existing members of the community with social activities; to provide an atmosphere of friendliness, goodwill, and helpful information for members; to provide a means for people with like interests to meet and join together for social activities, and to encourage members activism and knowledge of the community.