



## THE BOURNE BUZZ

September 2020

### *Thoughts from the President:*

*Farewell, Goodbye, Slan, Namaste, Adios, Au Revoir, Auf Wiedersehen*

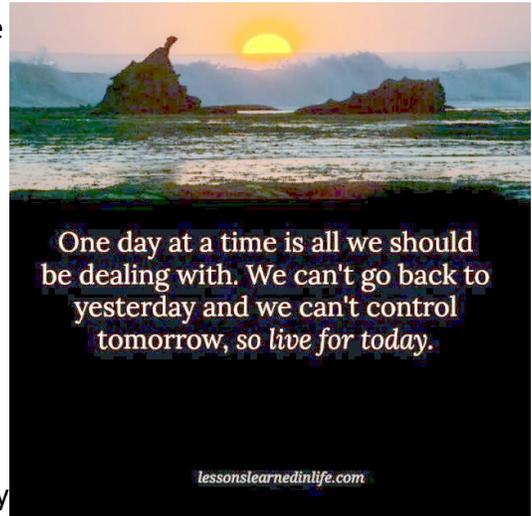
I can't believe this is my last "Note from the President." The past two years have flown by and I would like to recap a few things that have happened during my time at the helm of BNN. A captain needs a good crew to navigate the ins and outs of this club.

Board members – Dee, Gerri, Donna, Connie, Sally, Nancy, Marty, Marilyn, Suzanne, Patty, Tina and Deb. And many thanks I could not stay afloat without your help! Many others behind the scene including Chris, Kathy, Diane and Judy.

I would like to highlight a few things that happened over my voyage....

- We raised over \$2,218.00 for various charities.
- We participated in many volunteer events such as Toys for Tots, Pj drive at the library and Happy Hope Factory!
- We were able to have a few paint and craft parties!
- Insurance for our board members!
- Lovely beach picnics, Christmas parties, Canasta group, more book clubs, out to lunch bunch, new nets for our pickleball, the play group and don't forget the ukulele group that played at the St. Pat's party and many more activities.
- One in particular was our lunch and learn programs run by Tina and Donna as day programs in addition to our evening ones.
- Also a personal one was meals on wheels for Todd and I when I had my total knee replacement in December. He would like me to get the other one done soon. 🙏

Thank You! I have met and made so many new friends during this time.♥



Then Covid -19 darkened our doors...we have tried to tread water during this time, Zoom board meetings, book club, wellness checks, cheery phone calls and helping with shopping!

I wish I could have given this speech in person to thank all the members for their participation in this fantastic club! You will be in good hands with the upcoming board. For the next two years with Dee as your new captain with Gerri, Tina, Kathy, Susanne, Marilyn, Marty, Anne, MaryEllen, Patty and Nancy as the crew.



I am asking you all to please renew your membership. You make it possible to plan for a brighter tomorrow. We are eager to welcome you when we can safely gather again and experience the joy of community.

Thanks for all the support,

**Karin Benedict**

BNN President

 Like us on facebook. [facebook.com/BourneNNC](https://www.facebook.com/BourneNNC)  
Check out all of BNN's activities at <https://www.bournenewcomers.org/activities.html>

## ***Event Buzz – Save the Date:***

*Our COVID-conscious August 18<sup>th</sup> get together at Buzzards Bay Park was a great success! We will hold another outdoor event for BNN members before the colder weather sets in.*

**What:** September BNN Outdoor Social

**When:** Tuesday, September 29<sup>th</sup> from 4 to 6pm

**Where:** Buzzards Bay Park Pavilion

**Details:**

- BYO drinks, snacks, dinner
- Cornhole and Bocce tournaments
- Prizes!
- Treats and Entertainment
- \$5.00 per person



**RSVP:** Spots are limited so please RSVP as soon as possible to BNN at 6 Oak Ridge Dr., Pocasset, MA 02559 by September 25<sup>th</sup>. Make your check payable to BNN.

**Massachusetts regulations on social distancing and masks will apply**

## ***BNN Board to Kick Off our 5<sup>th</sup> Year!***

The BNN Board Meeting and Social to launch year 5 of our club will be held on Tuesday, September 15, 2020.

In this challenging time of COVID-19, BNN must limit the September Social to only the Board members in order to comply with Massachusetts state regulations on social distancing and number of guests at social gatherings.

The event will be held on the deck at Pocasset Golf Club. We will welcome the new Board for 2020-2022 and recognize and thank our President, Karin Benedict, and other outgoing Board members for a memorable and successful past 2 years of our club.

**BNN Year 5  
Kickoff!!!!**

## ***Member Profile: Q and A with Bob and Ina Zibbell***

**Newcomer or neighbor? Moved here from ?** My wife (Ina) and I moved here full-time in 1991, the year my namesake hurricane (i.e., Bob) struck in August. We originally grew up in Dorchester/Mattapan section of Boston and moved to Framingham a couple of years after we married. We were 20 years in Framingham, and both our sons completed school there.



**Why did you settle here in Bourne?** When we dated and early in our marriage, we would weekend occasionally down Cape (P-Town, Hyannis), but always stopped on a Sunday at Mo beach on our way back to the Boston area. The water was warm, there was a food stand, a bathroom, and free parking. What could be bad? So, when we decided to look at a vacation home (instead of buying a larger house in Framingham – our kids were teens already), we looked in this area and found a new, relatively undeveloped section of Gray Gables. There may have been only a few houses on the street when we built in 1984, but there is only one empty lot now – and that's because a house that burned down has not been rebuilt and nature has taken back the property. So in '91, we sold our Framingham home, enlarged our current one, and now we have lived here longer than in any other place.

**Family, your childhood; schools, kids:** We have two sons, one in Atlanta and another in New Jersey. My older son is a research anthropologist and my younger son a social worker. Each of them has three children and the New Jersey family has a dog. I went to the Boston public schools, including Boston Latin School and then to Boston University, where I earned my Ph.D. in Psychology, a profession I still practice, albeit very part-time now. Most of my career I spent in private practice in Framingham. Ina was a special education teacher, obtaining tenure in three school systems, the last one in Sandwich. She has been a special education advocate and tutor for Cape and South Coast kids for almost 20 years.

**Job history?** I worked first for a community mental health center in the Blackstone Valley, then in practice in Framingham, treating kids, couples, adults, and families. Over time, my practice shifted to what is called family forensic psychology, where the clientele consists of separating and divorcing families locked in litigation over their children. Now I do (part-time) mediation and arbitration of child-related disputes, plus occasional consultation with parents and attorneys, and periodic volunteer professional services for the Family Court in Barnstable. I have been teaching a course recently at William James College (formerly the Massachusetts School of Professional Psychology) in Newton. I've been fortunate enough to be able to publish in professional journals and one co-authored text on Child Custody Evaluations, still in use by graduate students.

**Unusual Hobbies?** Besides a love of reading, primarily fiction, I love to play various sports. I have been an infielder for 11 years with the Falmouth Senior Softball League, a.k.a. The Cape Codgers, and I am the treasurer for the league. I continue to play tennis, but the sport I play most frequently is Pickleball. I learned this game thanks to Ric Collamore through the Rec Center about 6 years ago and I'm grateful to Ric for teaching me this game. Through Pickleball, I've met some great folks in Bourne (as well as Mashpee and Barnstable), and have played it in Florida, South Carolina, even Aruba. It's easy to travel with that paddle. Now if I could only get the scoring down right.

One other joy is travel, Ina and I try to get to Europe at least every other year. My childhood friend (and best man at my wedding) lives in Montpellier, France, near the Mediterranean and we try to visit him whenever we go across the pond. At this point in life, we never know when we might see each other next. Ina and I usually get to Florida for about a month during the winter – to break it up – but not this winter for sure.

A last interest involves the Academy for Lifelong Learning at CCCCs in Barnstable. For a nominal amount, I have been taking all kinds of 6 or 12-week courses in literature, poetry, science, wine, and history among others, all taught by retired teachers or professors and frequented by some very well-read and well-traveled retired folks. Great discussions and much fun.

**Claim to Fame?** With respect to Pickleball, our group began the Polar Bear Pickleball game (yes, intended to run the same day as the Polar Plunge at Mo Beach). We did this first two years ago on New Year's Day, during one of the coldest winters in recent years. Finney's Harbor was frozen solid and, with the wind coming off that ice, the wind chill was -15 below. A few of us shoveled snow off the Mo Beach courts the day before, hoping they would be dry on New Year's Day. The Enterprise sent a reporter to memorialize this. Our pictures were in that paper but we were barely recognizable due to how bundled up we were. Last year was positively balmy, with temps, as I recall, in the high 30's or low 40's. This year, who knows, but we'll all probably be wearing masks, anyway.

I suppose another "claim to fame" was that I tried sailing, even owned a 19' O'Day Weekender for several years. Turns out it was more work than fun. I sold the boat for a motorcycle (I had owned a couple before moving here) and rode for about 12 more years, before selling that two years ago. In the early years, Ina would ride on the "Queen seat" behind me and we traveled throughout New England together on several occasions.

A last claim to a questionable amount of fame comes from my half-year-long protest against the use of a sectarian prayer as an invocation at town meetings, because it was the antithesis of the

inclusiveness needed for a sense of community. After I wrote several letters to and an appeared before the Board of Selectpersons and sent letters to the editor of the *Enterprise*, the town moderator decided to exclude any prayer whatsoever (substituting perhaps a moment of silence), although what I had sought was an interfaith prayer as an invocation.

**Bucket list?** There is not a lot I feel I need to do. I have had multiple challenges with cancer over the last 20 something years and am grateful for my current health, for life-long friends, for my ability to still move with some agility, for having a still mostly functioning brain and for my guardian angel – my wife of 56 years – who helped me through all those medical challenges. We were childhood sweethearts (adolescence) and I am a better person because of her, except for the occasions when my stupid gene raises its ugly head.

I suppose it would be nice to again get back to Europe and France and see my old friend, but that would be a bonus. It's just a blessing to be able to live here, have Gray Gables Beach and Mo Beach as local swimming holes, play ball, and be able to become more involved in the local community. I have a tradition in which every first warm day in spring, I walk down to the beach, put my hand in the water and lick the salt off my fingers – keeps me in touch with the pleasures of living here and the anticipation of the summer to come.

**Covid: effect on life-style, pros/cons:** The bad news – cannot travel to see my kids and their families, will be home all winter this year and unable to eat out, as not ready to go indoors to restaurants – as well as other limitations. All conferences or courses I take or give are webinars. The good news – learning to use Zoom to work remotely, take courses, and see family virtually; becoming a baker of delicious cakes, muffins, etc. and getting much reading done.

**Clubs you are active in and Volunteer/Community orgs:** I've been fortunate in my life and have tried – and do try – to give back when I can. And so, for the past 17 years, I have been a weekly volunteer for the Cataumet Family Shelter on 28A, part of the Housing Assistance Corporation on the Cape. I basically drive parents and their kids to shop at the Falmouth supermarkets and do some shopping for the shelter itself.

**What do you participate in - BNN?** I belong to the pickleball group and was instrumental in developing the non-fiction book group. I thought I would help start a men's fiction group but that did not fly, so we ended up with a mixed-gender, non-fiction group, which was going well until Covid struck.

**What would you like to see the club offer?** Maybe a movie critics group, where we view a classic film once a month and meet to talk about it (over wine and cheese, of course).

## **Board Member Profile: Mary Ellen Curran**

Mary Ellen Curran and her husband, Sean, moved to Bourne much more quickly than they ever expected. When they bought their fixer-upper on County Road they thought they would spend years renovating before moving in, but they enjoyed life here so much they relocated completely within a year.



Both grew up in Western Massachusetts and they lived in northwestern New Jersey too, both areas filled with natural beauty – but no ocean. Their family had always spent their summer vacations at New Silver Beach in North Falmouth and they had wonderful times there with all their extended family renting in the same area.

While they were living in Charlton because of a job change, they began to explore the Cape, looking for a place nearer the sea. They fell in love with Bourne, feeling it offers the beauty of nature without the intense summer traffic and packed beaches. They especially enjoy all the local walking trails, their favorites being Lawrence Island and The Sisters.

Mary Ellen studied Physical Therapy at Northeastern University and she spent most of her career working with children. Even though she's enjoying retirement she still sometimes misses "Her Kids" and their families.

Sean is a chemist who studied at Georgetown and UMass, Amherst. He retired in March during the pandemic from Boston Scientific where he worked on medical device research and development. Through the years his job required some significant traveling and Mary Ellen accompanied him to India, Scotland, Costa Rica and many trips to Ireland.

Their four children, a son and three daughters, must have gotten some of the travel bug. They're all in Massachusetts now, but they had been working or doing graduate work in Maine, Iowa, Delaware, Scotland, Sweden and Ireland. Ireland's a particularly favorite destination and Mary Ellen is eager to go back there to visit her cousin's farm, especially to see their newly added alpacas.

The Currans have been living here full-time since 2011 and Mary Ellen joined BNN when she saw a flyer posted at the hairdresser's. She's now on the Board serving as co-chair of Hospitality with Anne Burbine. She also enjoys the BNN Canal Walking group and one of the Book Clubs.

Since 2005 she and Sean have rescued retired greyhound racers. They have two living with them now and a third one when their daughter visits.

Once the pandemic is over she is hoping to do some volunteer work. She would love to work with children and for children's causes – maybe for environmental issues and the food bank. In the meantime she is hoping to expand her garden and her gardening knowledge.

This year she and Sean are missing their usual trips to see the Celtics play at The Garden. Like everyone else they're stuck rooting for them from home, but at least they've had some seriously exciting play-off basketball to follow.

## Activities Buzz:

Planning now for our Saturday, Sept. 19 ride on Martha's Vineyard.

Low keyed, 2-3 hr. ride (including lunch stop).

People who did this last year **really** enjoyed the beautiful scenery and sense of being in another time and place!

Contact Sally Girts:  
[esgirts@gmail.com](mailto:esgirts@gmail.com)



**BNN MVY BIKE EXCURSION**  
DAY TRIP VIA WOODS HOLE FERRY TO  
OAKS BLUFF/VINEYARD HAVEN - DATE TBD TO  
BEST MEET ALL NEEDS - SEPT. 19, 24, OR 30 - WEATHER  
PERMITTING. WE WILL ALSO CHOOSE A RAIN DATE

We will cruise around town a bit - possible sites are the gingerbread cottages, the Flying Horses carousel, East Chop Lighthouse, Alpaca Farm, Ocean Park, lots of shops and galleries.

It's 3.5 miles to Vineyard Haven or 5 miles to Edgartown.... we can cruise to one of these towns for lunch. Last year we went for Edgartown to see the historic downtown, several museums, Edgartown Lighthouse, Harbor and wharf, restaurants and shops.

This is a **CASUAL** biking trip, not a race or competition. Also, the local buses have racks for bikes if anyone needs/wants that option.  
IF you don't have a bike, there are several bike rental shops on the island near the ferry ports

IF interested, please message Sally Girts or email at [ournenewcomers@gmail.com](mailto:ournenewcomers@gmail.com). If you just reply to this Post, you may get missed. I will then send you specific details and instructions. Hope you can join us.

## Buzz Members Suggestions:

**Ready to try something new?** Many of our members have been sharing favorite books, movies and TV shows with other BNN members. So here are a few suggestions. If you have a favorite please send it to Suzanne Lasher [suzlasher@gmail.com](mailto:suzlasher@gmail.com)

**Amazon Prime:** Silent Witness a BBC series (23 seasons) about a forensic pathologist

**PBS:** The Great British Baking Show

**Netflix:** Trumbo, about the Joe McCarthy era in Hollywood.

**Netflix:** Freda, Ottoman Lieutenant, The Promise, Father, Soldier, Son

**HBO:** Motherless Brooklyn

**HULU:** 12<sup>th</sup> Man, Ballet Now, Safe Harbor, In your skin

**Acorn via Library:** The Detectorists (very funny, subtle) and Man Hunt (based on true story and stars Martin Cluney AKA Doc Martin)

### Books by William Kent Krueger:

This Tender Land, Ordinary Grace and Cork O'connor mystery series

## ***Volunteer Buzz:***

I miss all of you! Stay strong and healthy and I hope to see you soon!!

If you have any questions regarding a volunteer opportunity, please don't hesitate to get in touch with me.

Best Regards, Patty Robidoux 508-596-4403  
[Patty.jrmurph@gmail.com](mailto:Patty.jrmurph@gmail.com)



## ***RECIPE OF THE MONTH***

**Submitted by Betsy Ferris**

### Throw Together Chocolate Cake

- 1 Egg
- $\frac{1}{2}$  Cup Powdered Cocoa
- $\frac{1}{2}$  Cup Melted Shortening
- 1  $\frac{1}{2}$  Cups Flour
- 1 Cup Sugar
- 1 Teaspoon Baking Soda
- $\frac{1}{2}$  Teaspoon Salt
- 1 Teaspoon Vanilla
- $\frac{1}{2}$  Cup Sour Milk
- $\frac{1}{2}$  Cup Boiling Water



- Add all ingredients together in a mixing bowl, stir and mix well.
- Pour into an 8X8 greased glass square baking pan.
- Bake in a 350 degree oven for 45 minutes.
- Cool completely before eating.

Too easy, right? It's just a great chemistry because it works!

Enjoy!

## **Buzz Recipes:**

### Autumn Apple Chicken

Total time: Prep 20 minutes; cook: 3 ½ hours (crockpot)

Yield: 4 servings

I know it's early but I'm thinking fall. This is from Taste of Home magazine. The combination chicken and apple sounds yummy.

#### **Ingredients:**

1 TBSP Canola Oil  
4 Bone-In Chicken thighs; skin removed  
¼ tsp Salt  
¼ tsp Pepper  
2 Medium Fuji or Gala apples; coarsely  
Chopped  
1 Medium Onion  
1 Garlic Clove; minced  
1/3 Cup Barbecue Sauce  
¼ Cup Apple Cider or juice  
1 TBSP Honey



In large skillet, heat oil over medium heat. Brown chicken on both sides; sprinkle with salt and pepper; transfer to slow cooker; top with apples.

- Add onion to same skillet; cook and stir over medium heat 2-3 minutes or until tender.
- Add garlic; cook 1 minute longer.
- Stir in barbecue sauce, apple cider and honey; increase heat to medium-high.
- Cook 1 minute, stirring to loosen browned bits from pan.
- Pour over chicken and apples.
- Cook, covered, on low 3 ½ to 4 ½ hours or until chicken is tender.

## **BNN Cookbook:**

PLEASE send in your favorite recipes! Debbie Dow and Patty Robidoux are in the process of making a BNN cookbook and would love to hear from you. We will take anything, breakfast, lunch, munchies, healthy, not so healthy. It doesn't matter! Please send your recipes to Patty Robidoux at [Patty.jrmurph@gmail.com](mailto:Patty.jrmurph@gmail.com) or Debbie Dow at [debwdow@gmail.com](mailto:debwdow@gmail.com). You can also just take a picture of the recipe and text it to Patty Robidoux at 508-596-4403 or Debbie Dow at 508-826-3655.

## Buzz around Town:

**Recycling News - SAVE THOSE PULL TABS!** (original message from Bobbie Dwyer, Gray Gables resident )



Please save your aluminum pull tabs. In Massachusetts, the Garden Club Federation recycles all aluminum pull tabs from any container, i.e. tuna cans, soda and beer cans. The tabs are donated to the Shriners. They are then sold to a recycling company and the money is used to fund transportation for needy children to and from Shriners Hospitals. The Shriners Club in Boston began this program in 1989. Since then they have collected a half a million pounds of pull tabs. The pull tab is the only pure aluminum part of the can, and as such, it has the greatest recycle value.

Bourne garden club members collect the tabs at their meetings to pass along to the Federation. Since BNN has many members in this group, you can let us know when you have a collection and we'll be sure to get them to where they can do good. **Save those pull tabs!**

*Bourne Recreation Department*

### *Movin' & Groovin' with DJ Ooch*

*Friday, September 25<sup>th</sup> 4:00pm-5:30pm*

*Bourne Community Building Little League Field*

*Ages: 6-13 Fee: \$15.00*

*Registration Deadline: Friday, September 18<sup>th</sup>*

You made it through the first full week of virtual learning, now let's get movin' & groovin'! DJ Ooch is getting the party started with Bourne Rec!! Let's dance, play, and laugh to celebrate your accomplishments this week!



Register today at [www.bournerec.com](http://www.bournerec.com)

Questions? Contact Katie @ [KMatthews@townofbourne.com](mailto:KMatthews@townofbourne.com)

*Bourne Recreation Department*

### *Drive-In Trivia with The Trivia Brothers*

*Friday, October 2<sup>nd</sup>*

*5:00pm-6:30pm Fee: \$30.00 per car (6 Person Max)*

*Bourne Community Building Parking Lot*

*Registration Deadline: Friday, September 25<sup>th</sup>*

Welcome to our first ever Drive-In Trivia night! We are excited to be partnering with the Trivia Brothers for this fun family event!

Each registration reserves your spot for your car, which will hold your team of up to 6 people. We will be pumping the audio into your car through an FM transmitter and your trivia entries will be done on your phones!



Limited spots available! Register today at [www.bournerec.com](http://www.bournerec.com)

Questions? Contact Katie @ [KMatthews@townofbourne.com](mailto:KMatthews@townofbourne.com)

## **Previous Highlights: August Social at Buzzards Bay Park**



### **2019-20 Board Officers:**

President:	Karin Benedict
Vice President:	Dee Wylie
Treasurer:	Geri Parham Andos
Recording Secretary:	Nancy Selchan
Corresponding Secretary:	Patty Robidoux
Activities:	Connie Spilhaus
Membership:	Suzanne Lasher and Marilyn Jackson
Programs:	Tina Prodouz
Publicity:	Debbie Bowen
Communications:	Marty Smith
Hospitality:	Donna Pascarella
Nominating:	Christine Crane

Our mission is to welcome newcomers to the area; to provide existing members of the community with social activities; to provide an atmosphere of friendliness, goodwill, and helpful information for members; to provide a means for people with like interests to meet and join together for social activities and to encourage members activism and knowledge of the community.